

Q 4 Spiritual Quest

Bible Reading Plan

AM: Take some time in the morning to (a) read Scripture (b) meditate, and (c) pray. Use the reading plan included if you aren't already using some kind of plan. Over the course of 90 days, you'll read a chapter a day from key New Testament passages, including two of the four Gospels.

PM: Take a few minutes before going to bed to reflect on -- and ideally write down in a journal: (a) two or three things you're thankful for from the day (b) something you might be tempted to worry about, that you release to God's care while you sleep (c) something you noticed or are learning about God and the spiritual life during this quest.

Day	Day	Date	Bible Reading	AM	PM
1	Mon	10/4/2021	Ephesians 1	<input type="checkbox"/>	<input type="checkbox"/>
2	Tue	10/5/2021	Ephesians 2	<input type="checkbox"/>	<input type="checkbox"/>
3	Wed	10/6/2021	Ephesians 3	<input type="checkbox"/>	<input type="checkbox"/>
4	Thur	10/7/2021	Ephesians 4	<input type="checkbox"/>	<input type="checkbox"/>
5	Fri	10/8/2021	Ephesians 5	<input type="checkbox"/>	<input type="checkbox"/>
6	Sat	10/9/2021	Ephesians 6	<input type="checkbox"/>	<input type="checkbox"/>
7	Sun	10/10/2021	James 1	<input type="checkbox"/>	<input type="checkbox"/>
8	Mon	10/11/2021	James 2	<input type="checkbox"/>	<input type="checkbox"/>
9	Tue	10/12/2021	James 3	<input type="checkbox"/>	<input type="checkbox"/>
10	Wed	10/13/2021	James 4	<input type="checkbox"/>	<input type="checkbox"/>
11	Thur	10/14/2021	James 5	<input type="checkbox"/>	<input type="checkbox"/>
12	Fri	10/15/2021	Luke 1	<input type="checkbox"/>	<input type="checkbox"/>
13	Sat	10/16/2021	Luke 2	<input type="checkbox"/>	<input type="checkbox"/>
14	Sun	10/17/2021	Luke 3	<input type="checkbox"/>	<input type="checkbox"/>
15	Mon	10/18/2021	Luke 4	<input type="checkbox"/>	<input type="checkbox"/>
16	Tue	10/19/2021	Luke 5	<input type="checkbox"/>	<input type="checkbox"/>
17	Wed	10/20/2021	Luke 6	<input type="checkbox"/>	<input type="checkbox"/>
18	Thur	10/21/2021	Luke 7	<input type="checkbox"/>	<input type="checkbox"/>
19	Fri	10/22/2021	Luke 8	<input type="checkbox"/>	<input type="checkbox"/>
20	Sat	10/23/2021	Luke 9	<input type="checkbox"/>	<input type="checkbox"/>
21	Sun	10/24/2021	Luke 10	<input type="checkbox"/>	<input type="checkbox"/>
22	Mon	10/25/2021	Luke 11	<input type="checkbox"/>	<input type="checkbox"/>
23	Tue	10/26/2021	Luke 12	<input type="checkbox"/>	<input type="checkbox"/>
24	Wed	10/27/2021	Luke 13	<input type="checkbox"/>	<input type="checkbox"/>
25	Thur	10/28/2021	Luke 14	<input type="checkbox"/>	<input type="checkbox"/>
26	Fri	10/29/2021	Luke 15	<input type="checkbox"/>	<input type="checkbox"/>
27	Sat	10/30/2021	Luke 16	<input type="checkbox"/>	<input type="checkbox"/>
28	Sun	10/31/2021	Luke 17	<input type="checkbox"/>	<input type="checkbox"/>

29	Mon	11/1/2021	July 18	<input type="checkbox"/>	<input type="checkbox"/>
30	Tue	11/2/2021	Luke 19	<input type="checkbox"/>	<input type="checkbox"/>
31	Wed	11/3/2021	Luke 20	<input type="checkbox"/>	<input type="checkbox"/>
32	Thur	11/4/2021	Luke 21	<input type="checkbox"/>	<input type="checkbox"/>
33	Fri	11/5/2021	Luke 22	<input type="checkbox"/>	<input type="checkbox"/>
34	Sat	11/6/2021	Luke 23	<input type="checkbox"/>	<input type="checkbox"/>
35	Sun	11/7/2021	Luke 24	<input type="checkbox"/>	<input type="checkbox"/>
36	Mon	11/8/2021	Romans 1	<input type="checkbox"/>	<input type="checkbox"/>
37	Tue	11/9/2021	Romans 2	<input type="checkbox"/>	<input type="checkbox"/>
38	Wed	11/10/2021	Romans 3	<input type="checkbox"/>	<input type="checkbox"/>
39	Thur	11/11/2021	Romans 4	<input type="checkbox"/>	<input type="checkbox"/>
40	Fri	11/12/2021	Romans 5	<input type="checkbox"/>	<input type="checkbox"/>
41	Sat	11/13/2021	Romans 6	<input type="checkbox"/>	<input type="checkbox"/>
42	Sun	11/14/2021	Romans 7	<input type="checkbox"/>	<input type="checkbox"/>
43	Mon	11/15/2021	Romans 8	<input type="checkbox"/>	<input type="checkbox"/>
44	Tue	11/16/2021	Romans 9	<input type="checkbox"/>	<input type="checkbox"/>
45	Wed	11/17/2021	Romans 10	<input type="checkbox"/>	<input type="checkbox"/>
46	Thur	11/18/2021	Romans 11	<input type="checkbox"/>	<input type="checkbox"/>
47	Fri	11/19/2021	Romans 12	<input type="checkbox"/>	<input type="checkbox"/>
48	Sat	11/20/2021	Romans 13	<input type="checkbox"/>	<input type="checkbox"/>
49	Sun	11/21/2021	Romans 14	<input type="checkbox"/>	<input type="checkbox"/>
50	Mon	11/22/2021	Romans 15	<input type="checkbox"/>	<input type="checkbox"/>
51	Tue	11/23/2021	Romans 16	<input type="checkbox"/>	<input type="checkbox"/>
52	Wed	11/24/2021	1 John 1	<input type="checkbox"/>	<input type="checkbox"/>
53	Thur	11/25/2021	1 John 2	<input type="checkbox"/>	<input type="checkbox"/>
54	Fri	11/26/2021	1 John 3	<input type="checkbox"/>	<input type="checkbox"/>
55	Sat	11/27/2021	1 John 4	<input type="checkbox"/>	<input type="checkbox"/>
56	Sun	11/28/2021	1 John 5	<input type="checkbox"/>	<input type="checkbox"/>
57	Mon	11/29/2021	Philippians 1	<input type="checkbox"/>	<input type="checkbox"/>
58	Tue	11/30/2021	Philippians 2	<input type="checkbox"/>	<input type="checkbox"/>
59	Wed	12/1/2021	Philippians 3	<input type="checkbox"/>	<input type="checkbox"/>
60	Thur	12/2/2021	Philippians 4	<input type="checkbox"/>	<input type="checkbox"/>
61	Fri	12/3/2021	Colossians 1	<input type="checkbox"/>	<input type="checkbox"/>
62	Sat	12/4/2021	Colossians 2	<input type="checkbox"/>	<input type="checkbox"/>
63	Sun	12/5/2021	Colossians 3	<input type="checkbox"/>	<input type="checkbox"/>
64	Mon	12/6/2021	Colossians 4	<input type="checkbox"/>	<input type="checkbox"/>
65	Tue	12/7/2021	John 1	<input type="checkbox"/>	<input type="checkbox"/>
66	Wed	12/8/2021	John 2	<input type="checkbox"/>	<input type="checkbox"/>
67	Thur	12/9/2021	John 3	<input type="checkbox"/>	<input type="checkbox"/>
68	Fri	12/10/2021	John 4	<input type="checkbox"/>	<input type="checkbox"/>
69	Sat	12/11/2021	John 5	<input type="checkbox"/>	<input type="checkbox"/>
70	Sun	12/12/2021	John 6	<input type="checkbox"/>	<input type="checkbox"/>
71	Mon	12/13/2021	John 7	<input type="checkbox"/>	<input type="checkbox"/>

72	Tue	12/14/2021	John 8	<input type="checkbox"/>	<input type="checkbox"/>
73	Wed	12/15/2021	John 9	<input type="checkbox"/>	<input type="checkbox"/>
74	Thur	12/16/2021	John 10	<input type="checkbox"/>	<input type="checkbox"/>
75	Fri	12/17/2021	John 11	<input type="checkbox"/>	<input type="checkbox"/>
76	Sat	12/18/2021	John 12	<input type="checkbox"/>	<input type="checkbox"/>
77	Sun	12/19/2021	John 13	<input type="checkbox"/>	<input type="checkbox"/>
78	Mon	12/20/2021	John 14	<input type="checkbox"/>	<input type="checkbox"/>
79	Tue	12/21/2021	John 15	<input type="checkbox"/>	<input type="checkbox"/>
80	Wed	12/22/2021	John 16	<input type="checkbox"/>	<input type="checkbox"/>
81	Thur	12/23/2021	John 17	<input type="checkbox"/>	<input type="checkbox"/>
82	Fri	12/24/2021	John 18	<input type="checkbox"/>	<input type="checkbox"/>
83	Sat	12/25/2021	John 19	<input type="checkbox"/>	<input type="checkbox"/>
84	Sun	12/26/2021	John 20	<input type="checkbox"/>	<input type="checkbox"/>
85	Mon	12/27/2021	John 21	<input type="checkbox"/>	<input type="checkbox"/>
86	Tue	12/28/2021	1 Thessalonians 1	<input type="checkbox"/>	<input type="checkbox"/>
87	Wed	12/29/2021	1 Thessalonians 2	<input type="checkbox"/>	<input type="checkbox"/>
88	Thur	12/30/2021	1 Thessalonians 3	<input type="checkbox"/>	<input type="checkbox"/>
89	Fri	12/31/2021	1 Thessalonians 4	<input type="checkbox"/>	<input type="checkbox"/>
90	Sat	1/1/2022	1 Thessalonians 5	<input type="checkbox"/>	<input type="checkbox"/>